CanMEDS Scholarly Skills and Confidence
Self-Assessment

Name: Date Completed:

Please rate your confidence/skill level for the following activities on a scale of 1 to 10.

1. Your ability to recognize **knowledge gaps** during clinical encounters?

not at all confident | | | | | | | | | | totally confident
1 5 10

2. Your ability to develop **focused questions** to address knowledge gaps?

not at all confident | | | | | | | | | | totally confident
1 5 10

3. Your ability to find **scholarly sources** to answer a professional question?

not at all confident | | | | | | | | | | totally confident
1 5 10

4. Your ability to identify the **validity and risk of bias** within scholarly resources?

not at all confident | | | | | | | | | | totally confident
1 5 10

5. Your ability to **translate and apply the results** of a study into your professional practice?

not at all confident | | | | | | | | | | totally confident
1 5 10

6. Your ability to **identify the potential areas where you could improve or learn**?

not at all confident | | | | | | | | | | totally confident
1 5 10

7. Your ability to develop and use a **personal learning plan**?

not at all confident | | | | | | | | | | totally confident
1 5 10

8. Your ability to conduct **quality improvement activities** in practice?

not at all confident | | | | | | | | | | totally confident
1 5 10

9. How confident are you when presenting at **Journal Club** meetings?

not at all confident | | | | | | | | | | totally confident
1 5 10

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10. Your ability to create:

a. PowerPoint presentations

not at all confident	| 1	|	|	|	|	| 5	|	|	|	| 10	totally confident

b. **Abstracts** (ex. for conferences)

not at all confident	| 1	|	|	|	|	| 5	|	|	|	| 10	totally confident

c. **A research paper** (writing)

not at all confident	| 1	|	|	|	|	| 5	|	|	|	| 10	totally confident

11. Your ability to **communicate scholarly findings** to patients?

not at all confident	| 1	|	|	|	|	| 5	|	|	|	| 10	totally confident

12. Your ability to **lead a research project**?

not at all confident	| 1	|	|	|	|	| 5	|	|	|	| 10	totally confident

13. Your ability to **develop a research question**?

not at all confident	| 1	|	|	|	|	| 5	|	|	|	| 10	totally confident

14. Your ability to **discuss the ethical principles** within health---related research?

not at all confident	| 1	|	|	|	|	| 5	|	|	|	| 10	totally confident

Tips on how to use this tool:

1) A diagnostic tool for the learner early on in training to identify gaps in skills needed to be a scholar
2) An evaluation tool; use prior to a learning activity and after the session
3) As part of a personal learning plan

Generally, the more confident the learner feels in their ability, the more likely they are to be able to carry out the tasks.

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